

## Competence 1

**The ability to perform work activities in a safe manner, to legislative and company operating requirements**

*This meets the requirements of IMCA S/S30/000//01/1.1;1.2;1.3;1.4;2.1 & 5.1*

|                              |  |       |  |
|------------------------------|--|-------|--|
| Candidate Name:              |  | Date: |  |
| Activity Number (1,2, or 3): |  |       |  |

**Performance Criteria:** all of these must be assessed over a minimum of 3 work activities

**Type of Evidence:** Observation (O), Work Product (P), Written (W), Questioning (Q), Not Covered (N/C) or Not Applicable (N/A)

| Performance Criteria |   | Type of Evidence |
|----------------------|---|------------------|
| a)                   | Has participated in an offshore safety induction  |                  |
| b)                   | Demonstrates the ability to follow safety instructions and use appropriate safety equipment for deck and outside operations                                       |                  |
| c)                   | Demonstrates the ability to identify different areas in the workplace, the risks associated with each and a basic understanding of the regulations                |                  |
| d)                   | Demonstrates the ability to follow muster calls, shipboard drills and exercises   |                  |
| e)                   | Demonstrates the ability to locate muster points, life-saving equipment, fire fighting and safety apparatus   |                  |
| f)                   | Demonstrates the correct usage of personal protective equipment and safety aids, including: the ability to secure, use suitable harness and work safely at height |                  |
| g)                   | Has read and demonstrated an understanding of company health, safety, environmental and quality procedures  |                  |
| h)                   | Demonstrates the ability to locate all relevant health and safety, environmental and quality procedures at worksite   |                  |
| i)                   | Has read and demonstrated an understanding of company emergency procedure documents and where to find them  |                  |
| j)                   | Demonstrates knowledge of personal role and role of others in emergency situations  |                  |
| k)                   | Demonstrates the ability to raise emergency alarm and to alert others   |                  |

|   |  |       |  |
|---|--|-------|--|
| Witness name:<br>(If applicable in assessment plan) |  | Date: |  |
| Assessor name:                                      |  | Date: |  |